



SPECIAL INTEREST IN
 MANAGEMENT OF SNORING & SLEEP APNEA,
 RESTORATION OF ORAL SYSTEMIC BALANCE
 COMPREHENSIVE DENTAL CARE EMPHASIZING
 PREVENTION, RESTORATION, AESTHETICS

Temporomandibular Joint History

NAME _____

DATE \ \

Please answer the following questions by indicating frequency according to the following guidelines:

- Always = A = every or almost every night or day
- Often = O = at least once a week but less than "always"
- Seldom = S = less than once a week
- Never = N = never during a usual night or day

Circle the appropriate letter.

Do you have any of the following symptoms?

- | | |
|---|---------|
| 1. Headaches..... | A O S N |
| 2. Dizziness..... | A O S N |
| 3. Lightheadedness..... | A O S N |
| 4. Ringing or buzzing in the ear..... | A O S N |
| 5. Sinuses or ears feel filled..... | A O S N |
| 6. Numbness or tingling of fingertips..... | A O S N |
| 7. Backaches (upper or lower)..... | A O S N |
| 8. Neck aches..... | A O S N |
| 9. Sounds from jaw joint (clicking, etc.)..... | A O S N |
| 10. Difficulty opening or closing mouth..... | A O S N |
| 11. Pain from the jaw joint..... | A O S N |
| 12. Pain in the facial muscles..... | A O S N |
| 13. Pain in the upper or lower teeth..... | A O S N |
| 14. Easily fatigued at the end of the day..... | A O S N |
| 15. Sore throat..... | A O S N |
| 16. Difficulty in remembering and learning..... | A O S N |
| 17. Inability to fully open your mouth..... | A O S N |
| 18. Pain in the eye or visual problems..... | A O S N |
| 19. Encounter stressful situations..... | A O S N |

Additional Comments:
